Besides watch T.V., play video games, or play on the computer

1. Go on a picnic (inside or outside)
2. Play a board game
3. Make tie-dye shirts
4. Play charades
5. BBQ together (invite all the family over)
6. Do makeovers on each other
7. Grow peanuts
8. Go on a nature walk
9. Make a kite and fly the kite
10. Draw pictures outside with sidewalk chalk
11. Set up a tent in the backyard and camp (or inside)
12. Learn origami (learnorigami.net)
13. Put on a play
14. Grow pumpkins to carve at Halloween
15. Make a volcano (www.ehow.com) or
16. Make a soda volcano with diet soda and mentos (see attached sheet)
17. Play Uno, Go Fish, or Solitaire
18. Make sock puppets and put on a show
19. Make a bird feeder
20. Wash the car
21. Create a fashion show
22. Have a short story contest
23. Visit the local library and pick a book to read together as family
24. Make bookmarks
25. Bake cookies to take to a neighbor
26. Make a self-portrait
27. Paint flower pots
28. Plant flowers in the painted pots
29. Make masks to wear
30. Give the dog a bath
31. Have a tea party
32. Put a puzzle together
33. Start a bug or butterfly collection
34. Plan out a week or month of menus as a family
35. Make a collage with old or new family photos
36. Have a dance contest to your favorite music
37. Clean out closets and donate items to people in need
38. Have a water balloon or water gun fight
39. Make your own play dough
40. Play with a frisbee
41. Create a theme night (Hawaiian, Mexican, or Asian)
42. Make sand art
43. Teach your kids how to balance a check book
44. Water color
45. Create a scavenger hunt
46. Make your own bubbles then…
47. Create your own bubble art
48. Learn to sew or knit
49. Have a karaoke night
50. Make a Hawaiian lei
51. Make and hang a dream catcher
52. Play hopscotch
53. Teach your kids how to change a tire
54. Play outside on a rainy day and make mud pies
55. Make a solar system
56. Women and girls give a manicure, pedicure, or facial to each other (men you may join the ladies!)
57. Men and boys visit Woods n Water or go fishing (ladies you may join the men too!)
58. Build a castle out of a deck of cards and see how long it lasts
59. Let the kids cook zippy ziti (see attached sheet for recipe)
60. Go roller skating
61. July is National Park and Recreation month– visit a local park
62. Make a paper mache animal (www.ehow.com)
63. Feed birds, chipmunks, and squirrels
64. Make picture frames out of popsicle sticks and put magnets on the back to hang on fridge
65. Make jello-jigglers with sugar-free jello and cut into fun shapes with cookie cutters
66. Play dominos
67. Visit a local museum (Moundville or Hands on Museum)
68. Make a fruit clown (see attached sheet)
69. Make a boat out of cardboard and see if it will float
70. Have a hula-hoop contest
71. Visit a nursing home
72. Plant trees
73. Give each other a shoulder massage
74. Make cupcakes with a can of soda (Sprite Zero)
75. Play dodgeball
76. Catch fireflies
77. Make a cheerio necklace
78. Memorize a poem or bible verse
79. Make more fun treats out of veggies and fruit
80. Create a scrapbook
81. Pick berries at a local farm and make a pie
82. Make frozen slushies
83. Decorate a tree with popcorn or anything you want
84. Make paper airplanes
85. Measure each other on a door frame and watch each other grow
86. Play four squares
87. Make a house out of pretzel logs
88. Create a home video
89. Put together baskets to take to a homeless shelter
90. Visit an animal farm
91. Go to a batting range or ball park
92. Make dirt
93. Plant a vegetable garden
94. Can a vegetable
95. Make and hang a dream catcher
96. Find a homeless person and treat them to dinner
97. Play Sudoku
98. Go grocery shopping together and read food labels
99. Write compliments about each family member
100. Make ice cream
101. Plan an individual activity to make each person feel special