



A Healthy Ice Cream Sandwiches

Ingredients:

- 8 oz. Cool Whip
- 1 cup fresh strawberries
- 1 box of graham crackers

Directions:

Slice strawberries into small pieces. Stir into Cool Whip and blend until well distributed. Take one graham cracker and half it. Spoon a thick helping of Cool Whip/strawberry mixture onto one of the graham cracker halves. Gently place the second half onto the cracker/topping half, making sure not to press too hard. Gently place in Tupperware, seal and freeze. Enjoy!